

Weekned Karate camp with Hany Keshta

Place: Tipsport Arena, Hall B , Banska Bystrica Slovakia

When: 20.-22.2025

Price: 90 euros

Payment possible on account or in cash, possibility of issuing a fa by agreement.

- Bank account IBAN SK79 1100 0000 0029 4604 1857
- Name of bank account Karate tre s. r. o.

Camp focus:

- Development of technical and coordination skills in kumite
- Sports approach in training as preparation for K1 Youith league in Porec 2025

Coach: Hany Keshta

- age 40
- world champion coach
- current coach of the Egyptian women's kumite team
- 2008 African champion in kumite men -80 kg
- bronze medalist from the 2008 World Championships in kumite men -80 kg

Registration:

- sutazekarate.sk
- until 17.6.2025
- age of participants from 12 years - categories U14 and older
- limit of participants 80
- participation in the seminar is possible only for registered participants

Program:

- detailed would be published after registration is done. 1st session would start at 17:00
- Friday 20.6.2025, last session finish 12:00 Sunday 22.6.2025

Contact:

- Mgr. Kalčok Ján
- jan.kalcok@gmail.com

All registered athletes declare that they participate in the Weekend camp at their own risk and are aware of the possible risks and consequences.